



WhiskerWhispering.com



Energetic Essentials Lesson: Journaling with Your Guides



*Printable PDF Pages
with writing prompts that originally
appeared in my printed product,
Intuition & Inspiration Journal:
Chatting it up with my Inner Mystic
(sold on Amazon.com)*

*As a supplement to the Energetic Essentials' "Journaling With Your Guides"
video lesson, the pages of this PDF are energetically soaked with the
powerful intention of putting you in touch with your internal wisdom
– the angelic perspective that resides in your Soul.*

*By making a commitment to schedule some time each day
to check in with your intuition and Journal with your Guides,
you'll find clarity about challenges in your life
that might be smaller than they seem.*

*These writing prompts are intended to help you gather up those jumbled thoughts,
put the ego's noisy naysayers on snooze,
and focus instead on your Inner Mystic.
Give it a whirl & listen up!!*



*This is an abridged and
printable version of a journal
created (and sold) by
Libby Rogers of
WhiskerWhispering.com*



Intuition & Inspiration Journal: Chatting it up with my Inner Mystic
is part of a growing collection of WhiskerWhispering notebooks
available for sale on Amazon, including several specialty
journals for animal communicators and Reiki practitioners.

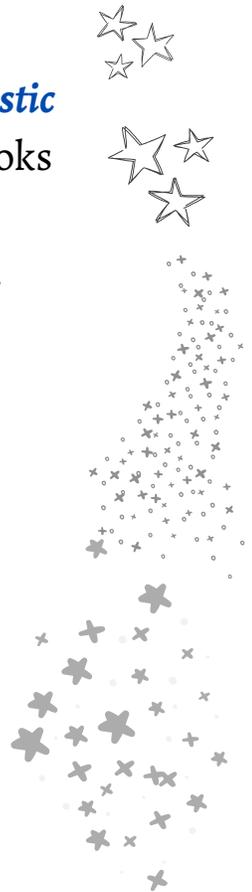
Visit Libby's author's page to learn more.
amazon.com/author/libbyrogers

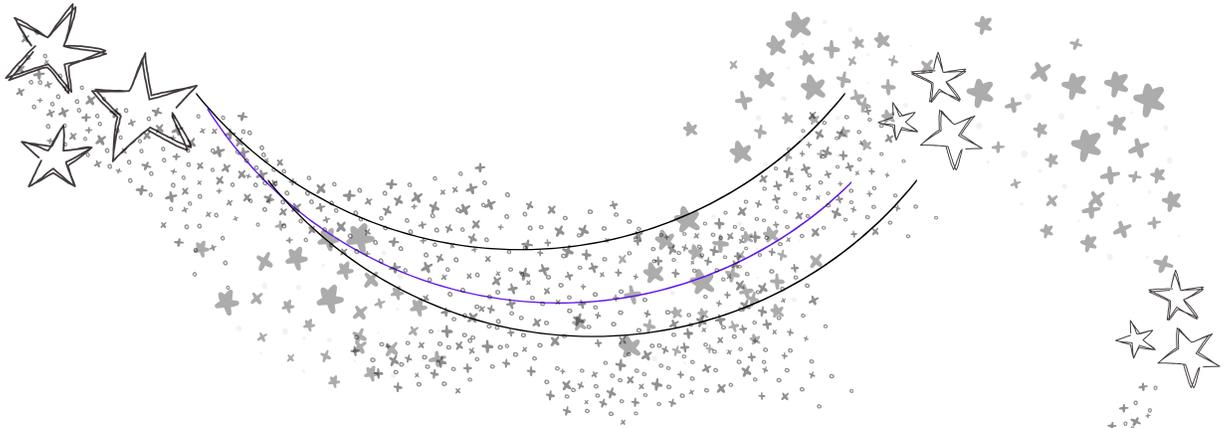


*A version with unlined pages
– for those who prefer a
more free-form style
of journaling
– is also available.*



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These Journal pages belong to

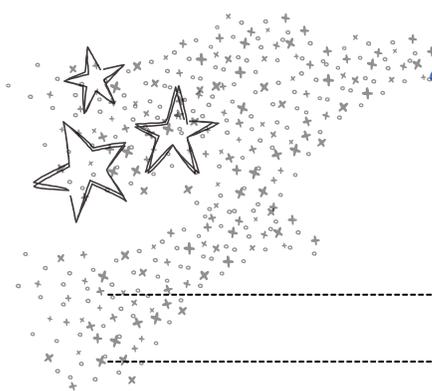


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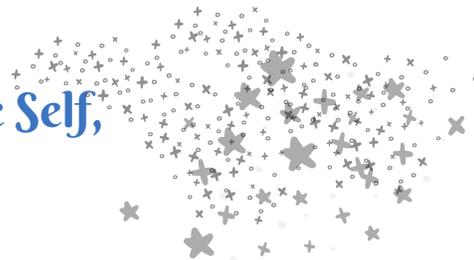


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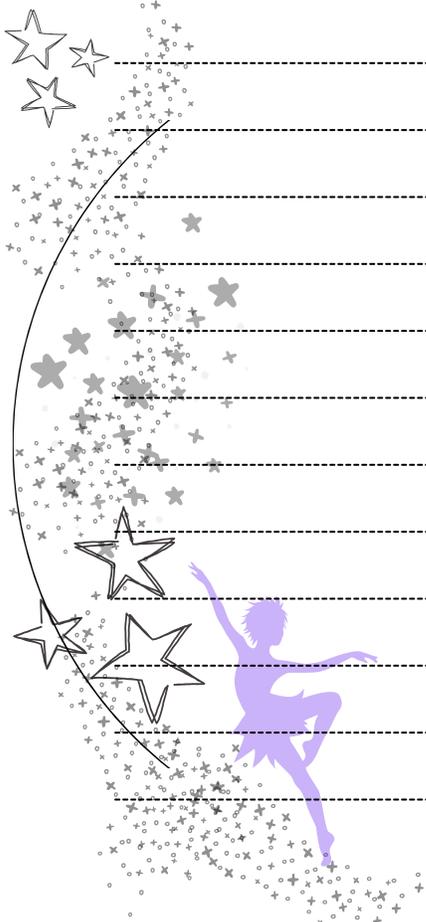


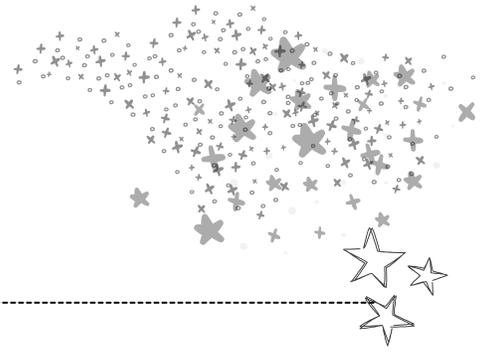
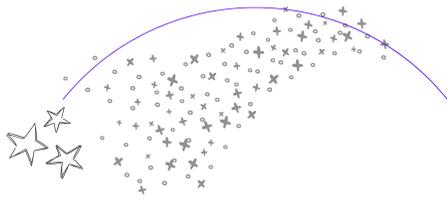


If I was listening to my Divine Self,
what would I hear?

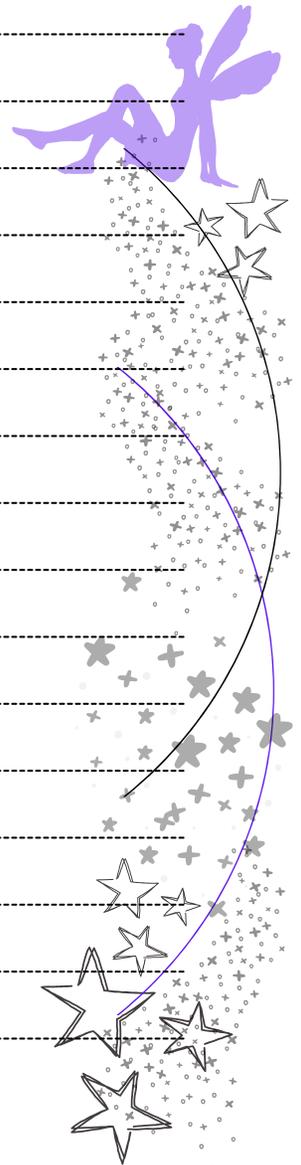


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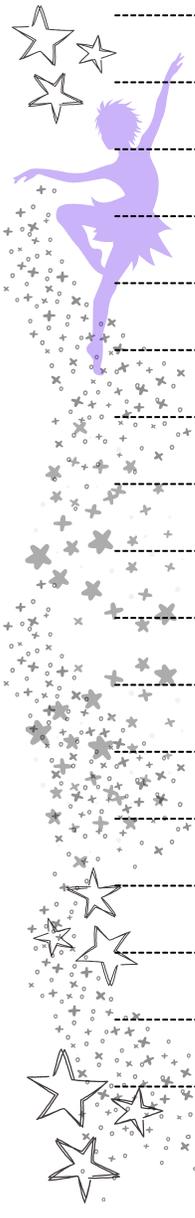
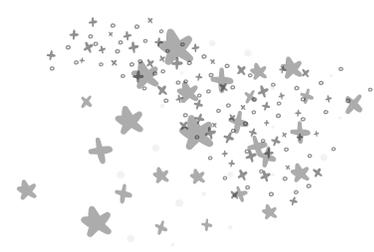
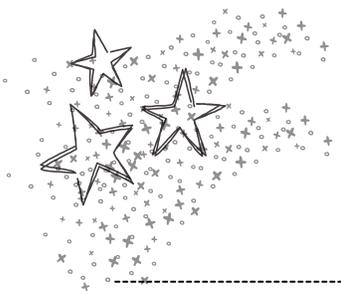




Handwriting practice lines consisting of multiple horizontal dashed lines.

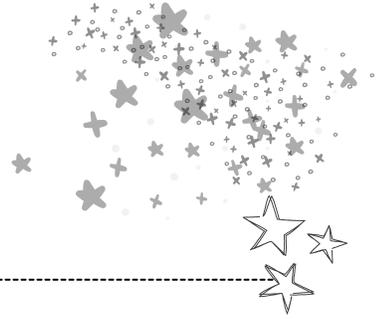
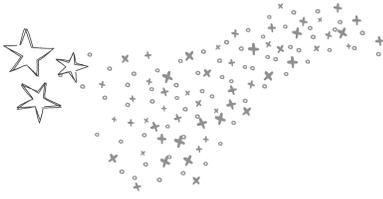


*Advice from my Guardian Angel
might sound like ...*



A series of horizontal dashed lines for writing.

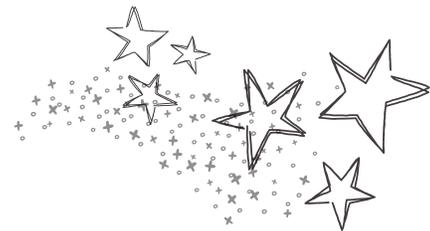
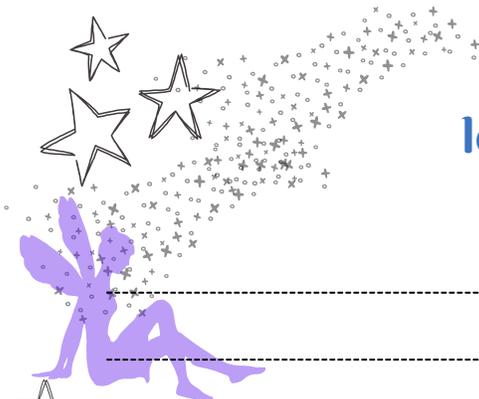


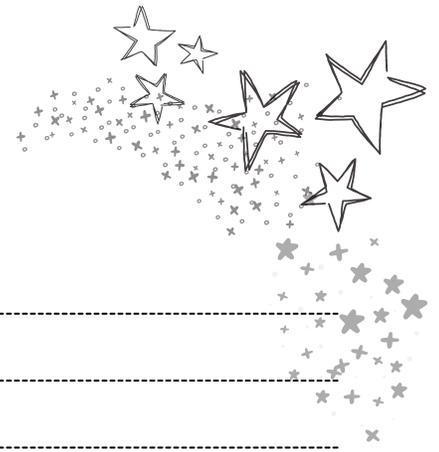
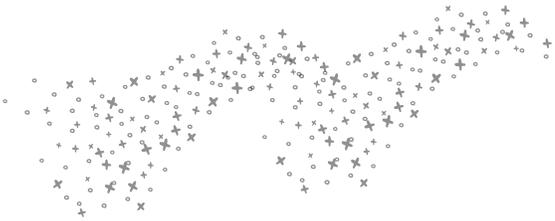


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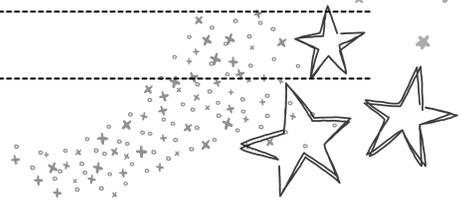
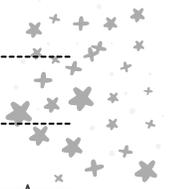
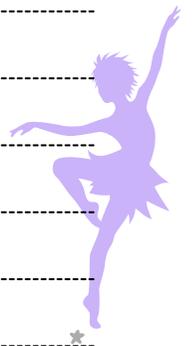


Being my Best Self today
looks something like THIS ...

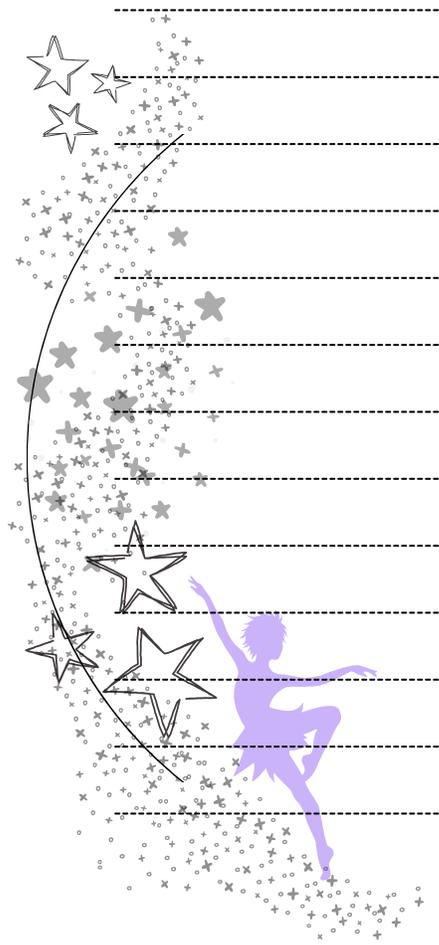
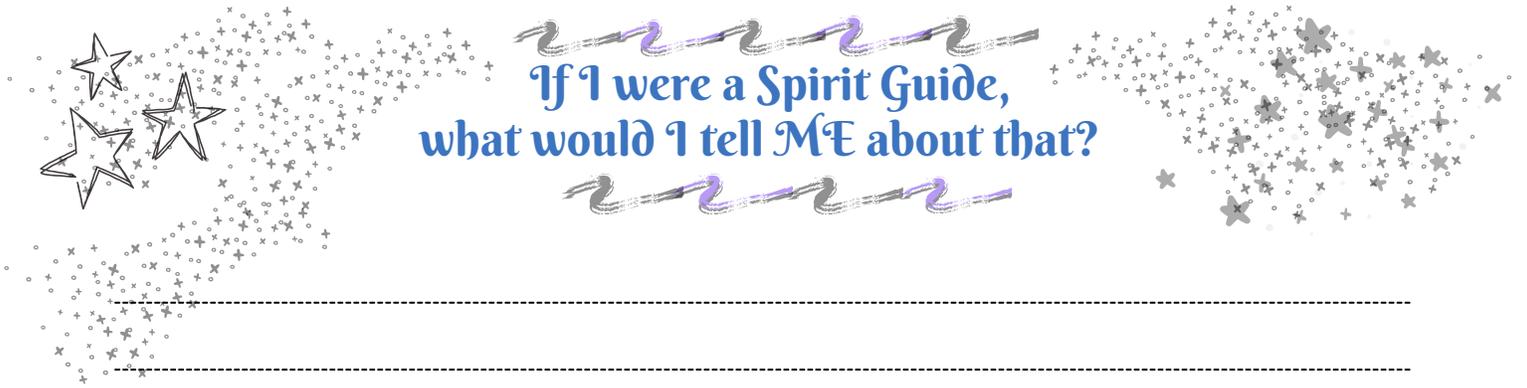


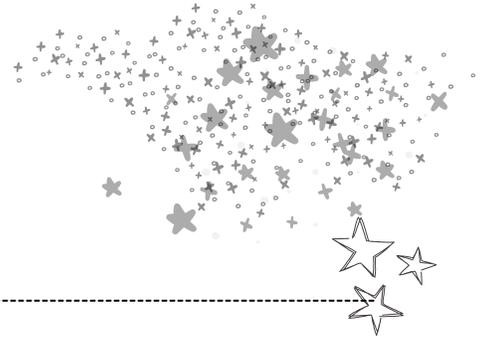
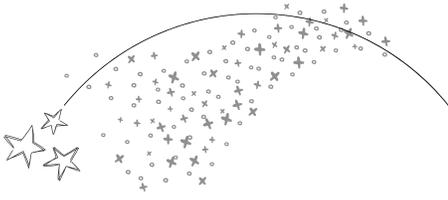


A series of horizontal dashed lines for handwriting practice, consisting of 18 lines.

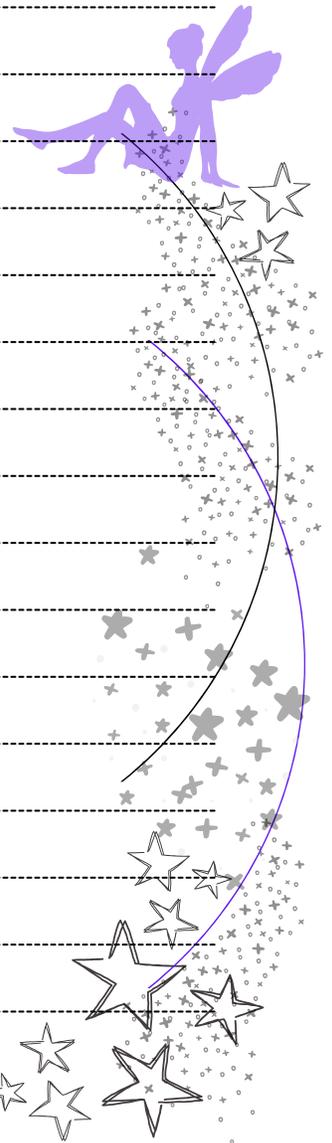


If I were a Spirit Guide,
what would I tell ME about that?

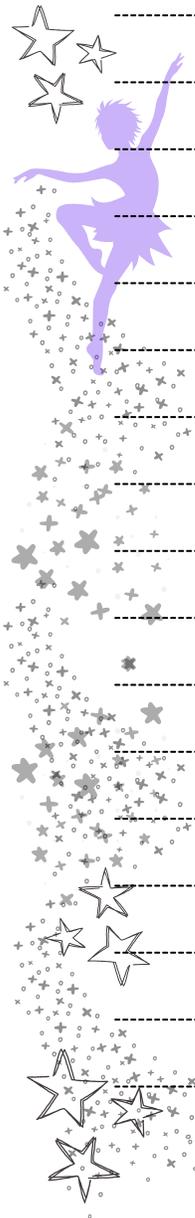
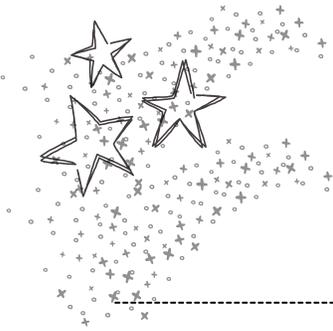


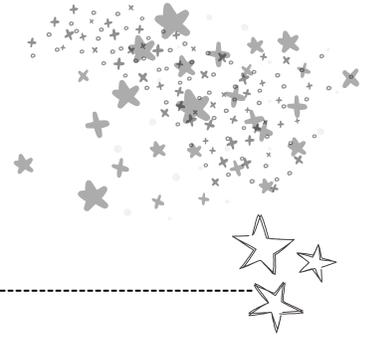
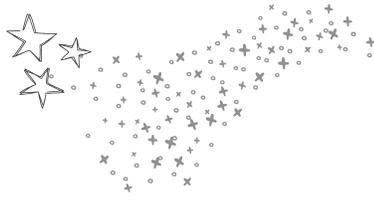


Handwriting practice lines consisting of multiple horizontal dashed lines.



~~~~~
**What my Soul knows and what
REALLY Matters ...**
~~~~~

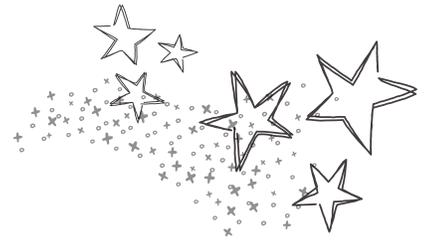
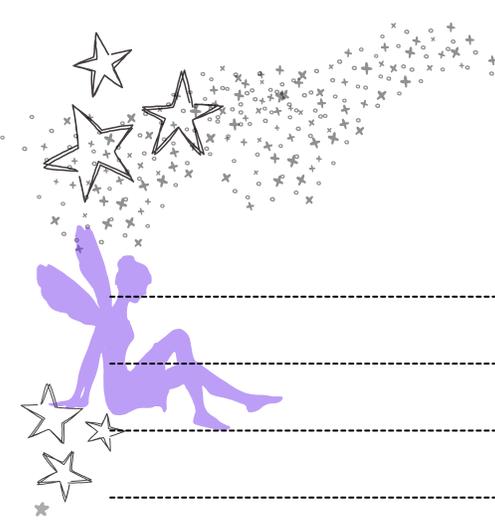


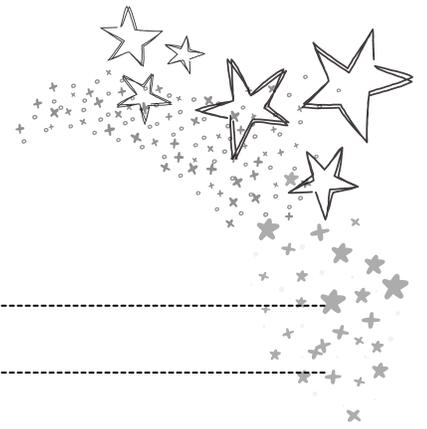
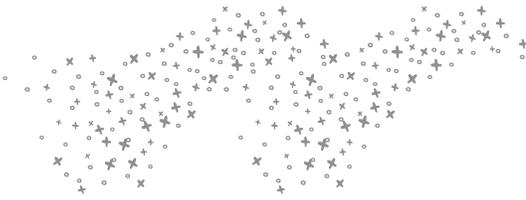


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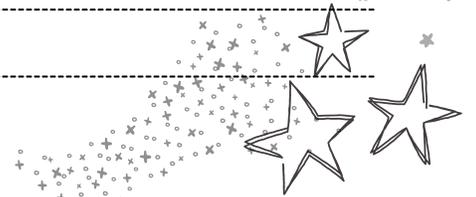
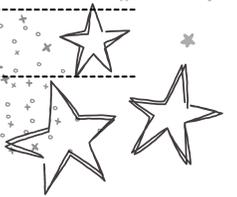


Less stress; More breath.
NOW, "Hello Heartspace."





Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle dashed, bottom).





Here are some additional writing prompts shared in Libby's Energetic Essentials class



There's THAT, but there's also THIS ...?

Touching base with the WISDOM Within ...

Is my Inner Compass going in the RIGHT Direction?

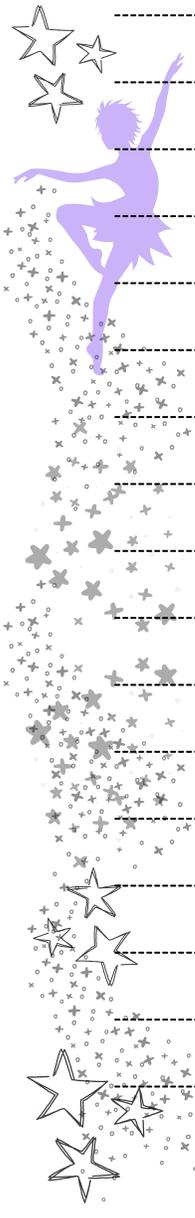
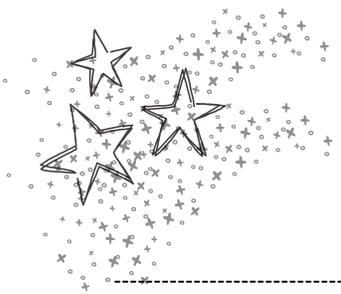
Hey Guides, I could use a little heart-to-heart about ...

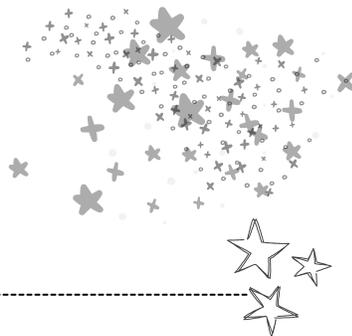
What can I do to create elegance, ease & flow in my day ?

How can I be the best version of myself today ?



There's THAT, but
there's also THIS ...?

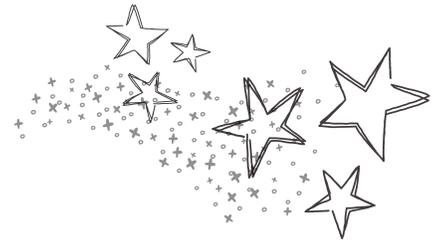
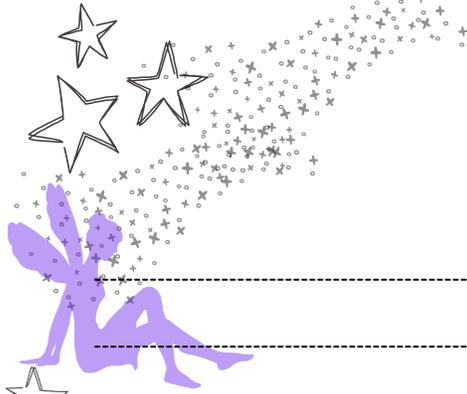


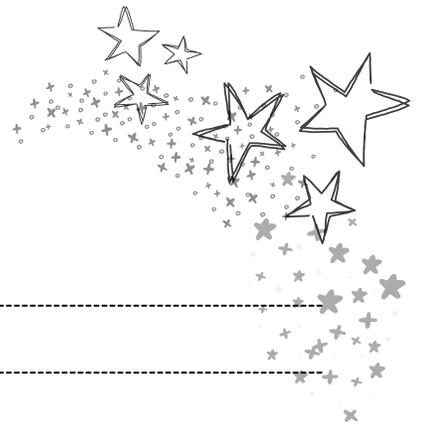
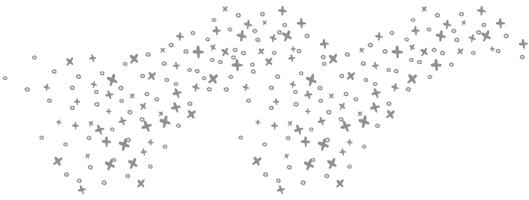


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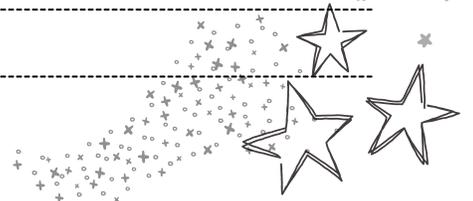
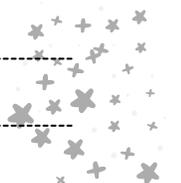
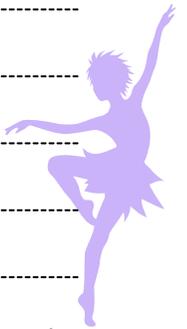


Touching base with
the WISDOM Within ...

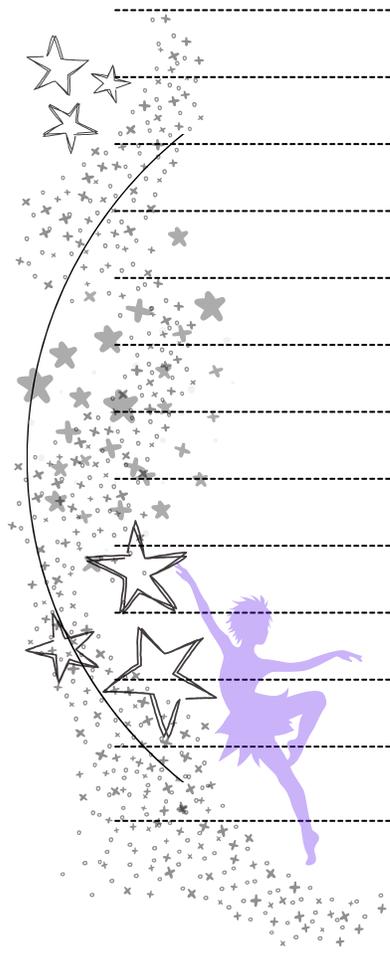
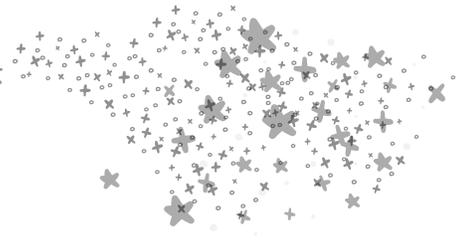
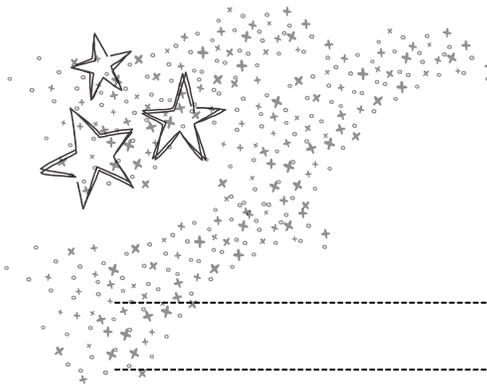


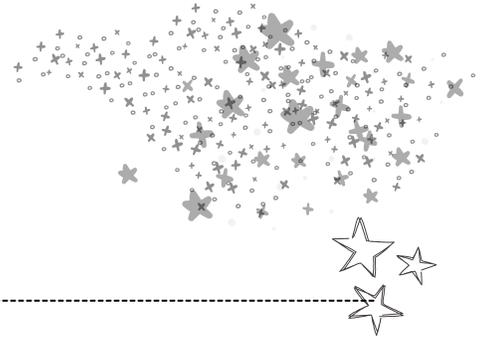
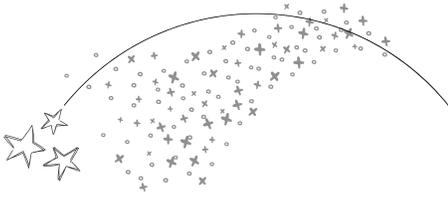


Handwriting practice lines consisting of 18 horizontal rows. Each row is defined by a solid top line, a dashed middle line, and a solid bottom line.

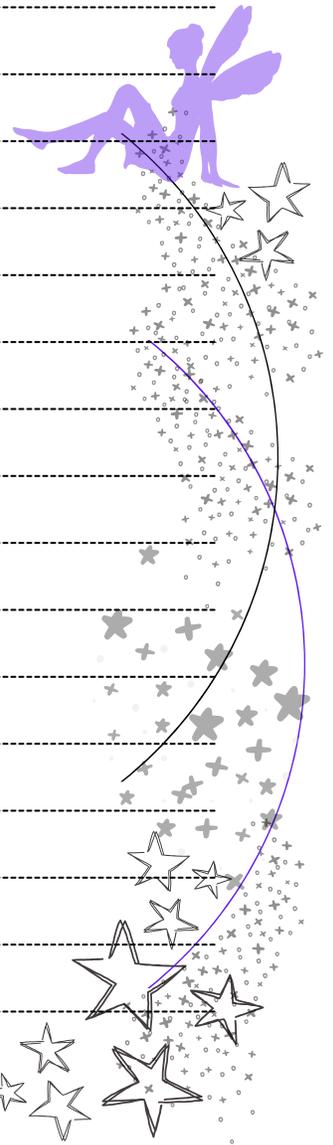


Is my Inner Compass going
in the RIGHT Direction?

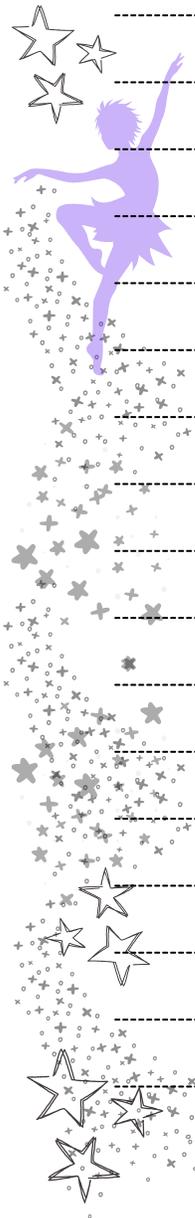
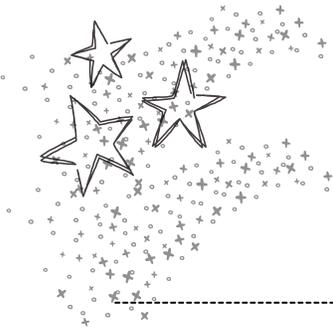


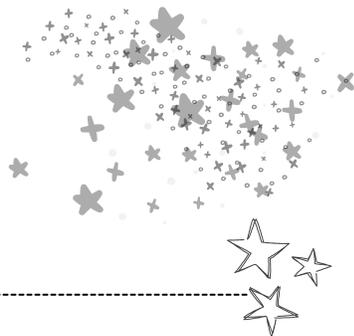


Handwriting practice lines consisting of multiple horizontal dashed lines.



Hey Guides, I could use a little
heart-to-heart about ...

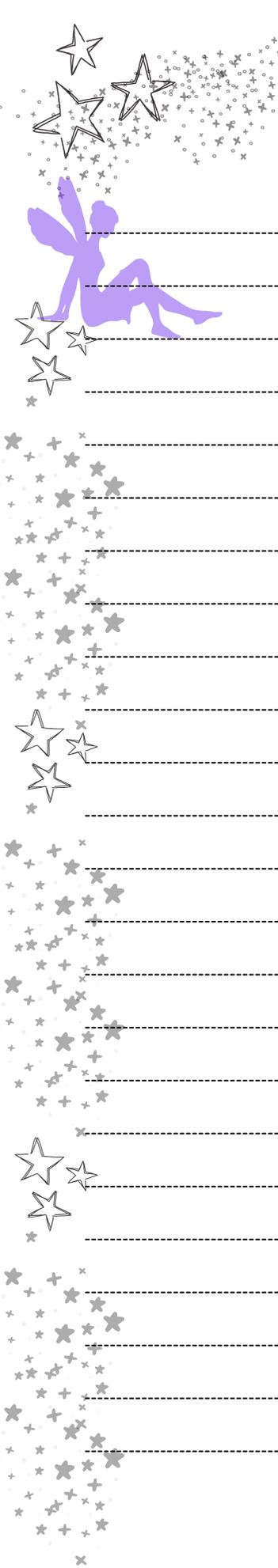




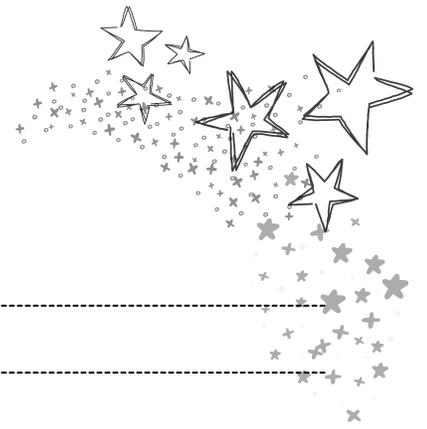
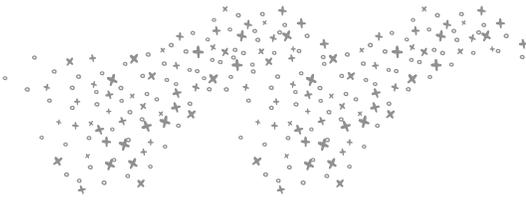
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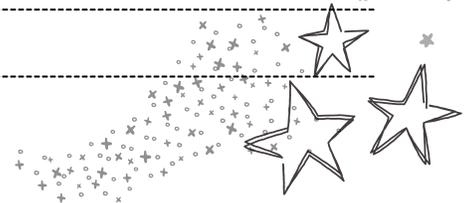
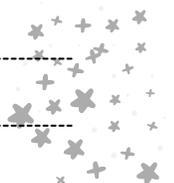
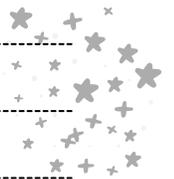
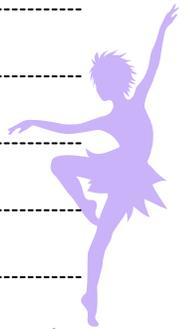
What can I do to create
elegance, ease & flow in my day?



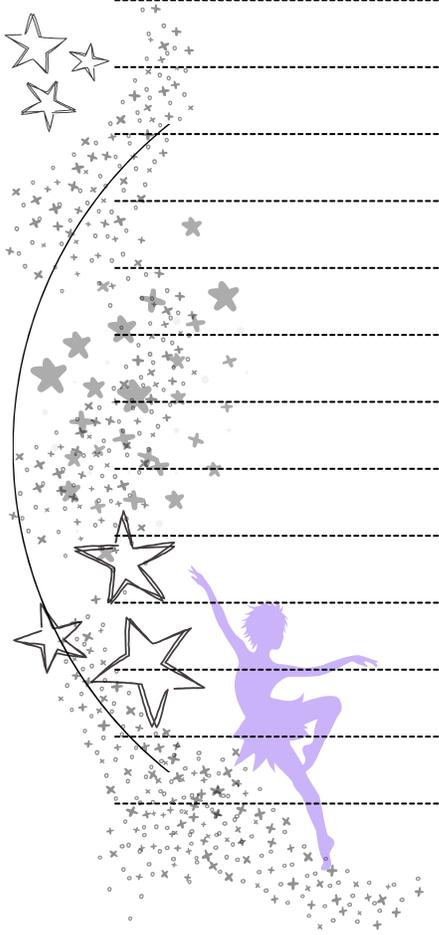
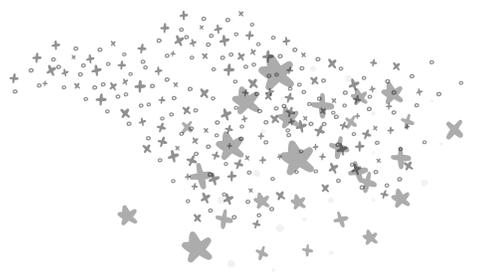
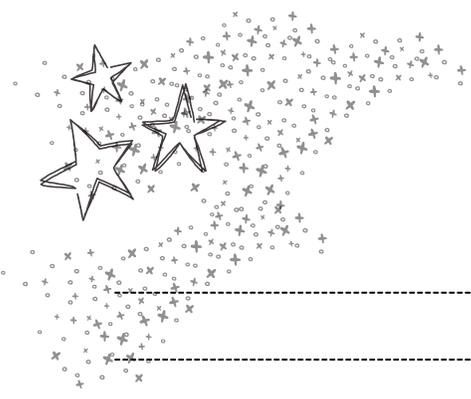
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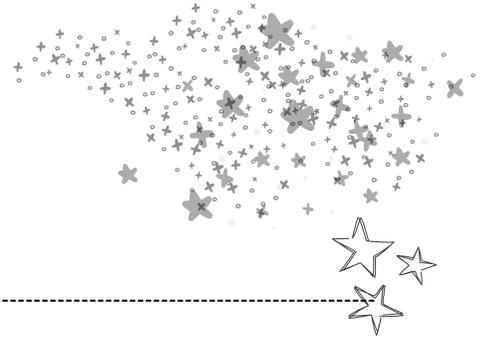
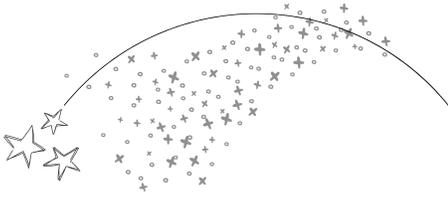


Handwriting practice lines consisting of 18 horizontal dashed lines.

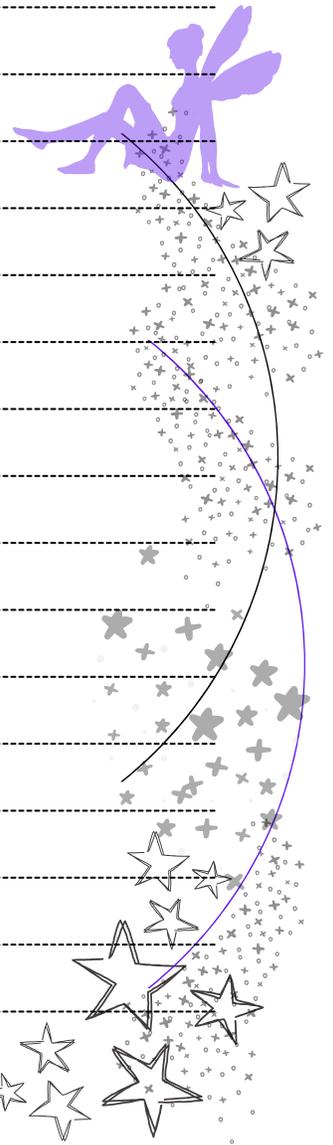


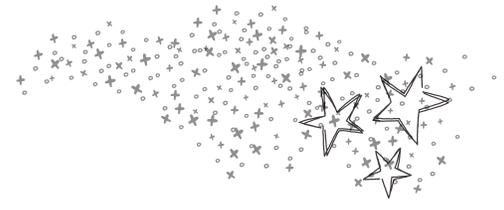
How can I be the best version of myself today?



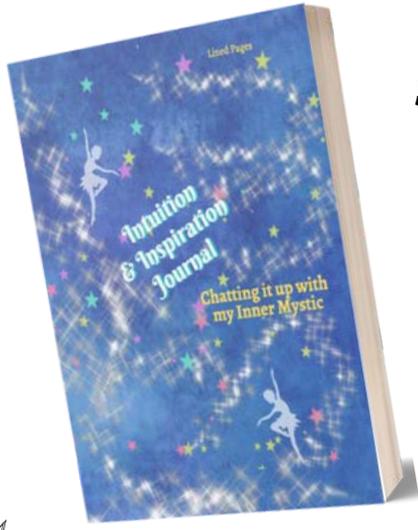


Handwriting practice lines consisting of multiple horizontal dashed lines.





**Soft-bound printed versions
of
Intuition
& Inspiration
Journal:
Chatting it up
with my Inner Mystic
are available
on Amazon
in lined & unlined
formats.**



**Check out my Amazon Author's Page:
amazon.com/author/libbyrogers**

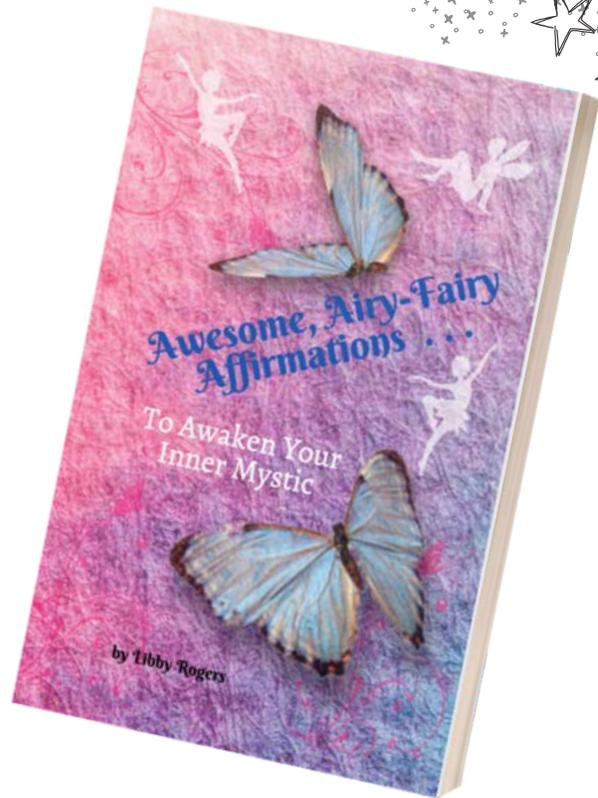


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